

'An Introduction to Child Centered Play Therapy' A 3-day Workshop

Date: 25,26,27 August 2011

Location: Houchens Retreat, Houchens Road, Melville, Hamilton

Course Presenters: Judi Jacobsen MNZAC (play therapist, counsellor)
& Megan Longman MNZASW (play therapist, social worker)

Child Centered Play Therapy

The play therapy model presented at the workshop is **Child Centered Play Therapy** (CCPT). In CCPT, there is an underlying belief in and trust of the inner person of the child and their innate capacity to strive towards growth and maturity. The Child Centered Play Therapist is concerned with developing the kind of relationship that facilitates inner emotional growth and children's belief in themselves. CCPT is an attitude, a philosophy, and a way of being with children rather than a way of doing something to or for children (*The Art of Relationship*, Garry Landreth, 2002). Play is the natural world of a child, and in their play a child can express their thoughts and feelings and come to an understanding of their world. Within the unique relationship that is developed between the child and therapist, the child learns to value and respect themselves; to recognise their strengths, values and abilities; and to trust in their own ability to make decisions which are based on an internal wisdom and not on external pressures.

'An Introduction to Child Centered Play Therapy' will be of interest to counsellors, social workers, teachers, early childhood educators, psychotherapists, psychologists, creative art therapists, and others who work with children, as well as students who are training in these areas.

Rationale & Goals for Workshop

Child Centered Play Therapy comes from a solid theoretical base and it is now recognised as one of the most effective ways of working with children who have been exposed to trauma. This workshop offers course participants a glimpse into the fascinating world of CCPT, and we anticipate that course participants will leave the workshop with a greater knowledge and understanding of CCPT as well as an awareness of the efficacy of this approach when working with children. Participants will be able to take away with them a broader and deeper range of facilitative responses, as well as an understanding of the philosophy behind these, to use in their daily interactions with children. Many of these facilitative responses can be very successfully integrated into other counselling approaches and work settings with children.

Content of Workshop

The philosophy and principles of CCPT

What is CCPT, who it can help, and how it can help

The process of building a relationship with a child

Therapeutic language that shows a true belief in the person of the child: The four healing messages – I am here, I hear you, I understand and I care

Noticing, listening, acknowledging, and therapeutic limit setting

Following the child's lead

Returning responsibility to the child

Facilitating the development of children's strengths

Building a child's self-esteem

Participating in a child's play without structuring

Empowering children

Ways of responding outside of the playroom—greeting a child and saying goodbye.

Responding to a child who is reluctant to leave the playroom

This workshop offers course participants the unique opportunity to experience first-hand in a workshop setting this very safe and deeply respectful way of working with children who are experiencing difficulties in their lives. Please note that completion of this workshop does not qualify participants as Child Centered Play Therapists.



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'An Introduction to Child Centered Play Therapy' Registration Form

Dates & Location:

25,26,27 August 2011 – Houchens Retreat, Houchens Road, Melville, Hamilton

Cost: (please note our 2011 prices now reflect the GST increase)

\$665 (incl. GST) early-bird rate if paid by 29 July 2011 or \$700 (incl. GST)

Student rate of \$565 (incl. GST)

Please note there is an option of automatic payment. This needs to be on the full rate and finalised before the commencement of the workshop.

Name: _____

Postal address: _____

Phone: (h) _____ (w) _____ (m) _____

Email: _____

Occupation / Professional training / Current study: _____

Total payment for workshop and method of payment: _____

Please make cheques payable to: **Childplayworks Ltd**

Postal address: **Childplayworks Ltd, c/o TCOSS, PO Box 429, Tokoroa**

Direct bank deposits to: **Kiwibank (Acc.: Childplayworks Ltd. Acc.No: 38-9007-0387245-02).**

Please include your name or agency name on the deposit details

Receipts will be given on attendance at the workshop.

Payment of fee: Full payment of fee is required to secure a place in the workshop.

Cancellation/Refunds: If a registrant cancels less than 14 days prior to the commencement date of the workshop no refund will be given. If another registrant is available, a refund of the fee will be paid less \$50 processing fee.

No refund will be given to registrants who have not cancelled and who do not attend the workshop.

All registrants will be notified by email to confirm a place for the workshop. Should the workshop be cancelled, a full refund will be paid to each registrant.



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