

PROFESSIONAL DEVELOPMENT

TRAUMATIC GRIEF WORKSHOP



Traumatic Grief Understanding it and supporting people through it

This full day workshop is designed for anyone supporting those who have experienced traumatic loss in their lives. It will highlight key knowledge, latest research, core skills and resources to help participants provide compassionate and appropriate support.

- The nature of the trauma and grief processes - differences and similarities
- The effects of trauma on the brain and body - what neuroscience now tells us
- The demands of multiple traumatic loss
- Common, and not so common, traumatic grief reactions
- Culture's influence on the trauma and grief experience
- Traumatic grief in infants, children, and teens
- When families, groups, workplaces, or communities share a traumatic loss
- Longer-term effects of traumatic grief
- Complex trauma - PTSD
- Complex grief - prolonged grief
- Traumatic Grief Recovery - What does the research say?
- What is 'trauma-informed care'?
- Some practical tools and approaches
- Minimising re-traumatisation
- Reviewing basic de-escalation, grounding, and calming skills
- Enabling a client's post-traumatic growth
- The imperative of professional self-care when working with trauma
- Helpful resources and links

WHANGAREI - \$149.00 + GST

WHEN: Thursday 28th May 2020
TIME: 9:00am - 3:00pm
WHERE: Comfort Hotel Flames
8 Waverley Street, ONERAHI

Morning Tea, Lunch & Afternoon Tea included

REGISTER: <http://www.griefcentre.org.nz/EventsTraining.html>



Presented By
Tricia Hendry